

Walk the Labyrinth on November 4

The Plymouth labyrinth will be open for walking on Wednesday, November 4, from 5:00-6:15 p.m. The Plymouth U Molly meal will be served in Room 221 that evening. Although the labyrinth walk will be part of the labyrinth class at Plymouth U, all are welcome to walk it before dinner. Do come and experience the gifts of the labyrinth.

Announcing Change Grant Finalists

The CSSA Board has selected three organizations as potential recipients for the first Plymouth Change Grant: **Casa Latina**, **Recovery Café**, and **Seattle Youth Garden Works**. Selecting these three from the six groups we presented to you for input was a great challenge, and we are grateful to everyone who provided feedback. You can learn more about each group on the Plymouth web site.

As difficult as it was to get to three, we know that choosing the one recipient will be even harder. Our next step will be to visit each of the three organizations. We'll talk directly with them about their mission and how they see Plymouth partnering with them in time and talent, as well as money, over the three-year life of the grant.

The site visits will be in the first two weeks of November. If you have questions you'd like to submit for the site visits, additional input on the finalists, or questions about the process, please contact Jennifer Castle at: (jcastle@plymouthchurchseattle.org).

One note: While the Church of Mary Magdalene is not a finalist for the Change Grant, we are working actively with the Mary's Ministry Team to provide other kinds of support to CoMM during this critical time. Please contact Jennifer or Barbara Campbell if you have questions. And stay tuned for the announcement of the grant award in mid November!

Congregational Meeting Called to Elect Pastoral Search Committee

Under Article 10.8.1 of the bylaws, a Church Meeting has been called for November 8, 2009. The meeting will be held in the Sanctuary immediately after the 11:00 a.m. service. The business of the meeting will be the election of a Senior Minister Search Committee. The slate of candidates is listed below, and their biographies are available at the literature rack. Up to three additional members of the committee may be elected through nominations from the floor. Anyone nominated from the floor must have agreed to serve if elected.

Committee Candidates: Robin Appleford, Kevin Bechtold, Phyllis Daniels, Courtney Hashimoto, Bruce Lamb, Merrily Matthews, Robert Neer, Marcia Regnier, Connie Sandstrom

Thank You, Kris



Thanksgiving Weekend has special meaning for Plymouth this year as we give thanks for the eleven-year ministry of Kristine Anderson Ostrem after the 11:00 a.m. worship service on November 29. We will celebrate Kris's gifts and presence among us at a reception in Hildebrand Hall following the 11:00 a.m. Worship Service. Finger food will be provided. We especially welcome all children to join us in thanking Kris for her leadership of our Church School. Please mark this special Sunday of Thanksgiving Weekend as our extended family embraces the Ostrem Family in gratitude. Questions? Diane Kenny (324-6811); Connie Sandstrom (784-4925); Robin Appleford (463-6237).

Pastoral Musings



Fall is always an exciting time at Plymouth and this fall has been no exception. We have celebrated Worship together. We have engaged our hearts and minds at Sunday Forums, Bible Study and Plymouth U. We have welcomed the presence of children and youth among us as Sunday School began. We have shared stories of lives changed in moments of ministry, savored Molly meals and Youth Forum sandwiches, and continued Plymouth's tradition of faithful stewardship (and fun) at a wonderful Celebration Brunch.

Our Plymouth community has been enriched by the addition of new activities this fall as well. We have met as neighborhoods and gotten better acquainted with members who live near us. We have welcomed guest choirs and eagerly anticipate our own Plymouth Choir performing Brahms Requiem. We are reaching out to meet needs in our community in a new way through Change Grants. We have welcomed former Mayor Norm Rice to the Plymouth Pulpit. And, we have begun exploration of our dreams and hopes for Plymouth's future.

This fall we began preparing for calling a Settled Senior Minister. Led by Sue Maul, the Interim Action Group started work on Plymouth's profile, a description of us to be shared with prospective candidates. To gather data for the profile each of us was asked to complete a survey of our views on many aspects of the life of our faith community.

On Sunday, November 8 we will gather in the Sanctuary after the 11:00 a.m. worship service for a congregational meeting to elect the Pastoral Search Committee. This committee is charged with recommending a senior minister candidate to the congregation for our vote on calling the candidate.

Electing a Pastoral Search Committee is a rare event for Plymouth. In the past 40 of our 140 years we have had only three Pastoral Search Committees. They led to the Congregation calling Joe Williamson, Tony Robinson and Allen Hilton. Now we are about to embark on this journey again.

At the congregational meeting, we will receive a report from the Nominating Committee. They will nominate a slate of nine for the Pastoral Search Committee: Robin Appleford, Kevin Bechtold, Phyllis Daniels, Courtney Hashimoto, Bruce Lamb, Merrily Matthews, Robert Neer, Marcia Regnier, and Connie Sandstrom. In addition, the Moderator is an ex-officio member. The Nominating Committee is excited to present their nominees who bring "a broad representation of the demographics and

interests of the congregation to the table and because they (the nominees) have a variety of skills that will be critical for the successful completion of the task ahead."

Following the Nominating Committee report, the meeting will be open for nominations from the floor. Our bylaws provide the opportunity for members to add up to three additional members to the committee through nomination and election at the meeting. There is no requirement to add to the slate presented but this option is available if members would like to add members. Anyone nominated needs to have agreed to serve. If there are nominations from the floor, we will have a written ballot. To be elected, all nominees must receive a majority of the vote.

Plymouth has been richly blessed with a long and faithfully lived history, with a tradition of making a difference in the lives of individuals and the community and with an abundance of gifts, caring and commitment among its members. We look to the future with a trust in the possibilities God has in store for us. May God be with us as we take these next steps into our future.

—Nancy Smith, Church Moderator

Plymouth Youth Thank You!

A big thank you to everyone who bought a sandwich Sunday October 25. We had fun making them and it was great to see so many people hang around Hildebrand Hall visiting with one another. The \$664 profit will help send us to the Heifer Learning Center next March. Next time: two cashiers + more bacon. —Cory Maclay

Sunday, November 8, 2009

I Kings 17:8-16, Hebrews 9:24-28, Mark 12:38-44

**Services at 8:30 a.m. in the Chapel and
11:00 a.m. in the Sanctuary**

The Reverend Kristine Anderson Ostrem

10:00 a.m. Sunday School

10:00 a.m. Plymouth Forum, *Health Care*, Hildebrand Hall

12:15 p.m. Fellowship Hour, Lounge

Music This Sunday

Prelude: *Variations on Wondrous Love* Robert Lau

Anthem: *Wondrous Love* Paul Christiansen

Offertory: *When I survey the Wondrous Cross*
Gilbert Martin

Postlude: *Praeludium in D Major* Dietrich Buxtehude

Hymns: 54, 498, 425

Reach Out: Celebrate Community and Commitment



Come to Plymouth's annual Thanksgiving Dinner, Sunday, November 22, immediately following the 11 am worship service. It's our chance to join in special recognition of Plymouth's fifty-year members while sharing in a delicious turkey dinner with all the trimmings. There will be music, memories, new friends and familiar faces.

Dinner tickets must be purchased in advance. They will be on sale at the kiosk in the Lounge this Sunday from 9:30-10:30 a.m. and again from noon-12:45 p.m. Ticket prices: adults \$9.00; children 12 and under \$4.50; maximum per family cost \$27.00. High chairs are available.

Childcare for ages under 6 will be available to those who **reserve by November 15.** Parking will be available in both Plymouth and IBM garages until 2:00 p.m.

Festival of Preaching Northwest Coming to Plymouth April 19 - 21, 2010

Congregational Leadership Northwest, a Seattle-based ecumenical organization I head up, is sponsoring the first ever "Festival of Preaching Northwest." The festival will welcome some of the nation's most outstanding preachers, including Martin Copenhaver, Lillian Daniel, Ayanna Johnson, Heidi Neumark, Kenneth Samuel and Will Willimon. In addition, we look forward to outstanding music and worship experiences, including the Plymouth Choir and the Gospel Choir of Seattle Pacific University, among others.

All Plymouth members are eligible for our discounted registration rate. (There are two different registrations, one for the entire Festival, another for evenings only.) And we would like to invite you to consider being a Festival Volunteer. Volunteers will assist with meal service, registration and hospitality tables, as well as welcoming and directing people to services and lectures.

If you would like to be a Festival Volunteer please contact Becky Withington at rzwithington@comcast.net The Festival Website, created by Dennis and Diane Kenny's firm Illuminage, is www.festivalofpreachingNW.org Check it out to learn more. Truthfully, this is an event you won't want to miss.

—Anthony B. Robinson, Festival Director and Rebecca Withington, Festival Coordinator

Plymouth's Gatewood Companions

If you are at Plymouth Housing Group's Gatewood Apartments on a Wednesday afternoon you will smell cookies and popcorn and hear the voices of residents visiting and playing games with some faithful Plymouth members. The Gatewood Companions were recently honored for their service at the annual PHG Luncheon! Under the leadership of Shirley Reiss, Plymouth members have shared fellowship and freshly baked cookies for many years. Currently involved are Sarah Parkhurst, Ellen Germain and Marlene Falkenbury. The program was started by Vivian Bowden and has also involved Lincoln Reed, Faith Parker, Hank and Janet Perry, Lotte Graham, Denise Fisk, Doris Schaeffer, Mae Durland and Juno Griswold. Want to join them on Wednesdays? Contact Shirley Reiss at 206/382-5483.

Look at your Feet

Do your shoes fit? Where did you get them? Are they suitable for the weather outside today? For many of the homeless women at the Church of Mary Magdalene and Mary's Place day center, shoes do not fit, come from the donation pile, and aren't warm enough or sturdy enough for the weather outside.



You can give a homeless woman a pair of brand new shoes for Christmas, shoes that fit her feet and can keep them warm and dry through the winter for only \$15.00

Or imagine you're a homeless child and want to give your mom a Christmas present. How can you without the means to buy a present?

You can buy a present for a homeless child to give to a mom. Stop by the kiosk November 8, 15, 29 or December 6 and buy a pair of shoes or a gift for a child's mom. Members of Mary's Ministry Team will be available between services and after the second service to take your donations and answer questions.

Focus Program Preparing to Lead Worship

The Focus Program students in 2nd-7th grade will be leading the 11:00 a.m. worship service on December 13 with "An Advent Tale." Each Sunday there is Focus, they will be singing, dancing, and rehearsing this musical. Your Focus Leaders this year are Ann Allen and Heather Hawkins.

Got Purell?

Hand sanitizer can be found in Hildebrand Hall, in the Lounge, and in every classroom. During this flu season, you are invited to "fist bump" or nod when passing the peace in worship. —Susan Dittig, Parish Nurse

Plymouth Forum

Patient-Centered HealthCare
10:00 a.m. in Hildebrand Hall



A goal of most healthcare reform proposals is to strengthen our primary care sector. There is a serious problem mounting as we see that states with stronger primary care have better health, higher quality care, with lower healthcare costs. As our population ages and people with chronic diseases like diabetes and heart disease live longer, the care of the chronically ill has become a major component of primary care practice. Many healthcare reform proposals presume that high quality chronic illness care will result in significant cost savings. But the current organization and reimbursement of primary care are barriers to providing high quality care. The Patient-centered Medical Home provides a new vision for the organization and payment of primary care, and has been proposed as the solution to primary care crisis. The goals of this new model are to:

- **reorganize primary care practices**
- **change practice systems to make practices more responsive to patient values, and needs (patient-centered).**
- **prevent unnecessary trips to the Emergency Room or Hospital and**
- **reducing healthcare costs by providing accessible, convenient, high quality medical care.**

This Patient-Centered Care Model is being tested in Washington and dozens of other states. Early experience suggests that the above goals are within reach.

Ed Wagner, MD, MPH, FACP is a general internist/epidemiologist and Director of the MacColl Institute for Healthcare Innovation at the Group Health Research Institute. He has written two books and more than 250 publications.

It's That Time!

It's time to order wreaths, centerpieces, and greens! Order a fresh, fragrant noble fir wreath or centerpiece, or a cedar garland for the holiday season! Prices are the same as last year. Wreaths are available in seven sizes, the most popular are the 22" diameter, for \$21, and 24" diameter for \$23. The table centerpiece is a convenient size and only \$15. We'll be taking orders on Sunday, November 8 and Sunday, November 15 at a table in the lounge, between services and after the 11:00 a.m. service. Orders are pre-paid, for pick up at the church on November 29, or later that week if necessary. This year they will be bagged for easier handling. If you prefer, pick up an order form and turn it in at the office with your payment, by November 16. Order forms are also available for download on Plymouth's website. Proceeds benefit the Plymouth music program. —*Ruth Williamson* 206/313-5931



A Special Opportunity

Father and Son, the Reverends Peter and Alan Storey of South Africa visit Seattle November 5-8. The Reverend Dr. Peter Storey was chaplain to Nelson Mandela and other political prisoners on Robben Island. The Reverend Alan Storey served the most multiracial congregation of the Methodist denomination in South Africa for eleven years. Opportunities to hear them speak are listed below.

November 5, 7:00 p.m. Seattle University (www.seattleu.edu/stm); November 7, 10:00 a.m. Seattle University; November 7, 7:00 p.m. Bellevue First United Methodist Church (www.fumcbellevue.org); November 8, 10:30 a.m. the Reverend Alan Storey preaching at Bethany UCC (www.bethanyseattle.org).

Congratulations to Michael and Amanda Regnier on the birth of their daughter, Alice Miriam Regnier, in October. Proud grandparents are Marcia and David Regnier.

Congratulations to Sarah Stine on the recent opening of her new shop, Fabric Crush, at 2313 Viewmont Way West, Seattle. Pursuing her passion in fabrics and sewing, her shop specializes in designer cotton fabrics. Their phone number is 206/432-9929. Members of our Piecemakers Group are most excited.